

PERSPECTIVE #6: Why Worry?
-Pastor Dan Morgan / Phil 4:4-9 / 5/27/18

Context:

- ✓ The Apostle Paul **planted** the church in Philippi on his second missionary **journey** around 52 A.D.
- ✓ This is Paul's "**thank you**" letter in 62 A.D.
- ✓ Paul wrote Philippians from a Roman **prison** while awaiting potential execution.

I DON'T HAVE TO WORRY BECAUSE...

- ... **The Lord is WITH Me.**

⁴ *Rejoice in the Lord always. I will say it again: Rejoice!* ⁵ *Let your gentleness be evident to all. **The Lord is near.*** Philippians 4:4

The LORD is with me; I will not be afraid. What can mere mortals do to me? Psalm 118:6

*So we say with confidence, "**The Lord is my helper; I will not be afraid. What can mere mortals do to me?**"* Hebrews 13:6

[See also Psalm 138:7-12]

- ... **I Have Direct ACCESS to Almighty God!**

⁶ *Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, **present your requests to God.*** Philippians 4:6

²⁵ *"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?"* Matthew 6:25

[See Matthew 6:27-28, 31-33]

Key Q: What do I have control over?

God is our refuge and strength, a very present help in trouble. Ps 46:1

- ... **My Heart is GUARDED.**

⁷ *And the peace of God, which transcends all understanding, will **guard your hearts and your minds in Christ Jesus.*** Philippians 4:7

Above all else, guard your heart, for everything you do flows from it. Proverbs 4:23

- ... **I Will Set My Mind on Things ABOVE.**

⁸ *Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—**think about such things.*** Philippians 4:8

- ... **I have the PEACE of God.**

⁹ *Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the **God of peace will be with you.*** Philippians 4:9

*Now may the **God of peace** himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ.* 1 Thessalonians 5:3

²⁸ *"Come to me, all you who are weary and burdened, and I will give you rest."²⁹ *Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.**

³⁰ *"For my yoke is easy and my burden is light."* Matthew 11:8-30