

WHEN GOD DOESN'T MAKE SENSE... Part 5

“WHEN I AM ANXIOUS...”

September 20th, 2020

- ...I'm Not Experiencing God's Plan For My Life: **JOY.**

⁴ *Rejoice in the Lord always. I will say it again: Rejoice! ⁵ Let your gentleness be evident to all. The Lord is near.* Philippians 4:4-5

- ...I Must Commit To **STOP** My Anxiety.

⁶ *Do not be anxious about anything...* Philippians 4:7

Anxious. Gk marinmate. 19 x in 17 NT verses.
Translated as: Worry. Anxious. Care

Greek word for Anxious comes from two Greek words together:
Maridzo = to tear. Nos = the mind. i.e.: To divide / tear the mind.

Paul's Command: *don't be anxious.* i.e. STOP worrying about “anything”.

Jesus' Command: *don't be anxious:* i.e. STOP worrying about “anything”.

²⁵ *“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?... ²⁷ Can any one of you by worrying add a single hour to your life? ²⁸ “And why do you worry about clothes?... ³¹ So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.* Matthew 6

Note: Remove AND Replace.

- I Must Commit To **PRAY!**

⁶ *Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.*
Philippians 4:6

Key: If you're anxious about it – God Cares about it.

Cast all your anxiety on him because he cares for you. 1 Peter 5:7

- My Prayers Will Keep Me **PROTECTED.**

⁷ *And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.* Philippians 4:7

KEY: Prayer and Praise are the Pathway from Panic to PEACE.

- I Will Recall God's **PROMISES.**

⁸ *Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.* Philippians 4:8

- I Commit To Put My **FAITH** In Action.

⁹ *Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.* Philippians 4:9

See Also The Full Armor of God in Ephesians 6!