**JONAH: WHEN WE’RE SWALLOWED UP BY CONSEQUENCES …**

**3/7/2021**

***17****Now the Lord****provided****a huge fish to swallow Jonah, and Jonah was in the belly of the fish* ***three days and three nights****.* Jonah 1:17

**Jesus**: ***39****He answered, “A wicked and adulterous generation asks for a sign! But none will be given it except the sign of the prophet Jonah.****40****For as Jonah was* ***three days and three nights*** *in the belly of a huge fish, so the Son of Man will be* ***three days and three nights*** *in the heart of the earth.*

***41****The men of Nineveh will stand up at the judgment with this generation and condemn it; for they repented at the preaching of Jonah, and now something greater than Jonah is here.* Matthew 12:40-41

*From inside the fish Jonah prayed to the Lord his God.****2****He said: “In my* ***distress*** *I called to the Lord, and he answered me. From deep in the realm of the dead I called for help, and you listened to my cry.* Jonah 2:1-2

* **Remember to Get REAL About Prayer.**

***3****You hurled me into the depths, into the very heart of the seas, and the currents swirled about me; all your waves and breakers swept over me.* ***4****I said, ‘I have been banished from your sight; yet I will look again toward your holy temple.’* ***5****The engulfing waters threatened me, the deep surrounded me; seaweed was wrapped around my head.* Jonah 2:3-5

*God is our refuge and strength, a very present help in trouble.*Psalm 46:1

**Key: Get Honest in Prayer With God.**

* **Remember God’s FAITHFULNESS.**

***6****To the roots of the mountains I sank down; the earth beneath barred me in forever. But you, Lord my* ***God, brought my life up from the pit.******7****“When my life was ebbing away,****I remembered you****, Lord, and my prayer rose to you, to your holy temple.* Jonah 2:6-7

**… because God is Benevolent** i.e. God is Good.

**Joseph**: *As for you, you meant evil against me, but God meant it for good, to bring it about that many people should be kept alive, as they are today.* Genesis 50:20

**Paul said:** *And we know that* ***in all things*** *God works for the good of those who love him, who[ have been called according to his purpose.* Romans 8:28

**Key: Humbly Re-COMMIT To God.**

* **Remember To Put God FIRST.**

***8****“Those who cling to worthless* ***idols*** *turn away from God’s love for them.*  Jonah 2:8

*Then he said to them all: “Whoever wants to be my disciple must*

***deny themselves*** *and take up their cross* ***daily*** *and follow me.* Luke 9:23

* **Repentance Involves Both Our Heart And ACTIONS.**

***9****But I, with shouts of* ***grateful praise****, will sacrifice to you. What I have* ***vowed****I will make good. I will say, ‘****Salvation****comes from the Lord.’”* Jonah 2:9

***11Jesus*** *is “‘the stone you builders rejected, which has become the cornerstone.’* ***12Salvation is found*** *in no one else, for there is no other name under heaven given to mankind by which we must be saved.”* Acts 4:11-12

***10****And the Lord commanded the fish, and it vomited Jonah onto dry land.*

 Jonah 2:10